

2026 Pro Bowl Challenge - 1/31/2026

Results - Pro Bowl Pentathlon

Girls 8 & Under 25 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Hook, Emma G	8	Occoquan Swimming-PV	19.15	16.76
2 Loftus, Victoria L	8	Occoquan Swimming-PV	18.29	17.28
3 Johnson, Izzy J	8	Occoquan Swimming-PV	18.27	18.50
4 Dong, Ruby S	8	Occoquan Swimming-PV	18.90	18.64
5 Schotter, Sadie C	7	Occoquan Swimming-PV	21.55	21.12
6 Stevenson, Hazel J	8	Occoquan Swimming-PV	NT	21.15
7 Vitale, Emily A	6	Occoquan Swimming-PV	24.88	22.59
8 Myers, Brooklyn B	8	Occoquan Swimming-PV	24.90	23.91
9 McCrillis, Evelyn N	6	Occoquan Swimming-PV	38.99	24.44
10 Mechkarova, Teddy I	7	Occoquan Swimming-PV	26.26	24.97
11 Tumagan, Naya Elida F	8	Occoquan Swimming-PV	30.86	28.18
12 Philbin, Lailah J	7	Occoquan Swimming-PV	31.51	31.63
13 Richardson, Gwendolyn G	7	Occoquan Swimming-PV	42.58	46.29

Girls 8 & Under 50 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Loftus, Victoria L	8	Occoquan Swimming-PV	38.86	38.19
2 Hook, Emma G	8	Occoquan Swimming-PV	40.95	40.34
3 Johnson, Izzy J	8	Occoquan Swimming-PV	42.61	41.33
4 Dong, Ruby S	8	Occoquan Swimming-PV	41.03	44.03
5 Stevenson, Hazel J	8	Occoquan Swimming-PV	NT	45.09
6 Vitale, Emily A	6	Occoquan Swimming-PV	NT	47.76
7 Schotter, Sadie C	7	Occoquan Swimming-PV	49.71	49.54
8 Myers, Brooklyn B	8	Occoquan Swimming-PV	52.16	53.76
9 Tumagan, Naya Elida F	8	Occoquan Swimming-PV	1:04.21	1:07.74

Girls 8 & Under 25 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Loftus, Victoria L	8	Occoquan Swimming-PV	22.39	21.37
2 Dong, Ruby S	8	Occoquan Swimming-PV	21.27	21.81
3 Hook, Emma G	8	Occoquan Swimming-PV	21.53	22.12
4 Johnson, Izzy J	8	Occoquan Swimming-PV	23.25	22.99
5 Vitale, Emily A	6	Occoquan Swimming-PV	29.60	25.05
6 Myers, Brooklyn B	8	Occoquan Swimming-PV	24.42	25.87
7 Stevenson, Hazel J	8	Occoquan Swimming-PV	NT	26.19
8 Schotter, Sadie C	7	Occoquan Swimming-PV	26.21	28.37
9 McCrillis, Evelyn N	6	Occoquan Swimming-PV	36.76	29.72
10 Tumagan, Naya Elida F	8	Occoquan Swimming-PV	30.63	30.01
11 Mechkarova, Teddy I	7	Occoquan Swimming-PV	32.49	33.22
12 Richardson, Gwendolyn G	7	Occoquan Swimming-PV	46.98	47.15
--- Philbin, Lailah J	7	Occoquan Swimming-PV	35.81	DQ

Shoulders past vertical toward breast

Girls 8 & Under 25 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Loftus, Victoria L	8	Occoquan Swimming-PV	27.55	24.97
2 Johnson, Izzy J	8	Occoquan Swimming-PV	25.48	25.05
3 Hook, Emma G	8	Occoquan Swimming-PV	27.70	25.50
4 Myers, Brooklyn B	8	Occoquan Swimming-PV	27.99	26.63
5 Dong, Ruby S	8	Occoquan Swimming-PV	26.50	27.73
6 Schotter, Sadie C	7	Occoquan Swimming-PV	32.52	31.16

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Results - Pro Bowl Pentathlon

(Girls 8 & Under 25 Yard Breaststroke)

Name	Age	Team	Seed Time	Finals Time
--- Philbin, Lailah J Alternating Kick	7	Occoquan Swimming-PV	NT	DQ
--- Stevenson, Hazel J One hand touch	8	Occoquan Swimming-PV	NT	DQ
--- Tumagan, Naya Elida F Arms past hipline	8	Occoquan Swimming-PV	36.52	DQ
--- Mechkarova, Teddy I Alternating Kick	7	Occoquan Swimming-PV	NT	DQ

Girls 8 & Under 25 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Loftus, Victoria L	8	Occoquan Swimming-PV	21.35	21.76
2 Johnson, Izzy J	8	Occoquan Swimming-PV	24.66	22.03
3 Hook, Emma G	8	Occoquan Swimming-PV	28.20	24.77
4 Dong, Ruby S	8	Occoquan Swimming-PV	24.09	24.83
5 Stevenson, Hazel J	8	Occoquan Swimming-PV	NT	26.60
6 Schotter, Sadie C	7	Occoquan Swimming-PV	27.60	27.71
7 Myers, Brooklyn B	8	Occoquan Swimming-PV	28.01	27.92
--- Tumagan, Naya Elida F Non-simultaneous arms	8	Occoquan Swimming-PV	40.81	DQ

Girls 9 Year Olds 50 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Challgren, Sophie M	9	Occoquan Swimming-PV	36.80	36.66
2 Mafanire, Elise	9	Occoquan Swimming-PV	40.47	40.22
3 Delbary, Zoha	9	Occoquan Swimming-PV	42.01	40.83
4 Shi, Jessica Q	9	Occoquan Swimming-PV	40.17	41.07
5 Mechkarova, Natalia I	9	Occoquan Swimming-PV	43.48	41.76
6 Gray, Adeline R	9	Occoquan Swimming-PV	42.47	42.83
7 Carlson, Caroline K	9	Occoquan Swimming-PV	47.84	43.21
8 Poumade, Kylie M	9	Occoquan Swimming-PV	45.86	43.66
9 Hafen, Harper J	9	Occoquan Swimming-PV	45.73	44.50

Girls 9 Year Olds 50 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Challgren, Sophie M	9	Occoquan Swimming-PV	42.24	39.78
2 Gray, Adeline R	9	Occoquan Swimming-PV	45.32	44.79
3 Mechkarova, Natalia I	9	Occoquan Swimming-PV	48.33	46.09
4 Mafanire, Elise	9	Occoquan Swimming-PV	45.15	46.59
5 Shi, Jessica Q	9	Occoquan Swimming-PV	45.50	47.99
6 Hafen, Harper J	9	Occoquan Swimming-PV	47.16	48.18
7 Delbary, Zoha	9	Occoquan Swimming-PV	52.46	52.10
8 Carlson, Caroline K	9	Occoquan Swimming-PV	52.82	56.04

Girls 9 Year Olds 50 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Challgren, Sophie M	9	Occoquan Swimming-PV	50.80	51.79
2 Mafanire, Elise	9	Occoquan Swimming-PV	52.01	52.20
3 Gray, Adeline R	9	Occoquan Swimming-PV	50.82	53.09
4 Hafen, Harper J	9	Occoquan Swimming-PV	56.18	56.71
5 Shi, Jessica Q	9	Occoquan Swimming-PV	58.25	58.04
6 Poumade, Kylie M	9	Occoquan Swimming-PV	1:04.98	59.88
7 Mechkarova, Natalia I	9	Occoquan Swimming-PV	1:05.32	1:01.56

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Results - Pro Bowl Pentathlon

(Girls 9 Year Olds 50 Yard Breaststroke)

Name	Age	Team	Seed Time	Finals Time
8 Carlson, Caroline K	9	Occoquan Swimming-PV	1:00.12	1:03.09

Girls 9 Year Olds 50 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Challgren, Sophie M	9	Occoquan Swimming-PV	44.44	41.41
2 Gray, Adeline R	9	Occoquan Swimming-PV	43.65	42.11
3 Shi, Jessica Q	9	Occoquan Swimming-PV	55.71	52.93
4 Carlson, Caroline K	9	Occoquan Swimming-PV	52.85	56.79
--- Mafanire, Elise	9	Occoquan Swimming-PV	47.05	DQ
Alternating Kick				
--- Delbary, Zoha	9	Occoquan Swimming-PV	51.44	DQ
Alternating Kick				
--- Hafen, Harper J	9	Occoquan Swimming-PV	56.90	DQ
Kick breaststroke type				

Girls 9 Year Olds 100 Yard IM

Name	Age	Team	Seed Time	Finals Time
1 Challgren, Sophie M	9	Occoquan Swimming-PV	1:34.31	1:34.57
2 Gray, Adeline R	9	Occoquan Swimming-PV	1:39.66	1:39.00
3 Mafanire, Elise	9	Occoquan Swimming-PV	1:40.55	1:45.17
4 Shi, Jessica Q	9	Occoquan Swimming-PV	1:46.97	1:51.26
5 Hafen, Harper J	9	Occoquan Swimming-PV	1:55.25	1:51.39
6 Mechkarova, Natalia I	9	Occoquan Swimming-PV	1:52.83	1:56.53
7 Carlson, Caroline K	9	Occoquan Swimming-PV	2:01.94	2:07.35
--- Poumade, Kylie M	9	Occoquan Swimming-PV	1:51.78	DQ
Not on back off wall - back				

Girls 10 Year Olds 50 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Ellis, Carson K	10	Occoquan Swimming-PV	33.80	33.22
2 Cerda, Asiri C	10	Occoquan Swimming-PV	39.63	38.47
3 Rucker, Piper J	10	Occoquan Swimming-PV	42.55	38.91
4 Barrow, Audrey J	10	Occoquan Swimming-PV	48.53	42.25
5 Hayes, Mabel L	10	Occoquan Swimming-PV	39.23	42.92
6 Hassan, Talia A	10	Occoquan Swimming-PV	48.67	46.42
7 McKinnon, June M	10	Occoquan Swimming-PV	45.85	47.48
8 Maher, Leah K	10	Occoquan Swimming-PV	NT	50.06
9 Maldonado, Eliana B	10	Occoquan Swimming-PV	48.61	51.72

Girls 10 Year Olds 50 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Ellis, Carson K	10	Occoquan Swimming-PV	41.45	42.93
2 Cerda, Asiri C	10	Occoquan Swimming-PV	48.14	44.52
3 Rucker, Piper J	10	Occoquan Swimming-PV	47.55	45.00
4 Barrow, Audrey J	10	Occoquan Swimming-PV	47.29	45.72
5 Hassan, Talia A	10	Occoquan Swimming-PV	53.96	50.50
6 Hayes, Mabel L	10	Occoquan Swimming-PV	51.12	52.18
7 Maldonado, Eliana B	10	Occoquan Swimming-PV	54.31	52.27
8 McKinnon, June M	10	Occoquan Swimming-PV	54.78	53.24
9 Maher, Leah K	10	Occoquan Swimming-PV	NT	53.59

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Results - Pro Bowl Pentathlon

Girls 10 Year Olds 50 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Cerdá, Asiri C	10	Occoquan Swimming-PV	52.04	50.36
2 Ellis, Carson K	10	Occoquan Swimming-PV	50.71	51.92
3 Hayes, Mabel L	10	Occoquan Swimming-PV	55.46	53.66
4 Rucker, Piper J	10	Occoquan Swimming-PV	56.51	55.29
5 Maldonado, Eliana B	10	Occoquan Swimming-PV	59.83	57.28
6 Barrow, Audrey J	10	Occoquan Swimming-PV	58.37	57.31
7 McKinnon, June M	10	Occoquan Swimming-PV	1:01.73	1:02.82
--- Hassan, Talia A Scissors kick	10	Occoquan Swimming-PV	NT	DQ
--- Maher, Leah K One hand touch	10	Occoquan Swimming-PV	NT	DQ

Girls 10 Year Olds 50 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Ellis, Carson K	10	Occoquan Swimming-PV	44.73	41.29
2 Rucker, Piper J	10	Occoquan Swimming-PV	53.10	46.20
3 Cerdá, Asiri C	10	Occoquan Swimming-PV	57.85	52.36
4 Hayes, Mabel L	10	Occoquan Swimming-PV	NT	54.45
5 Maldonado, Eliana B	10	Occoquan Swimming-PV	52.02	54.69
6 McKinnon, June M	10	Occoquan Swimming-PV	56.31	57.07
7 Barrow, Audrey J	10	Occoquan Swimming-PV	58.21	58.52
--- Maher, Leah K Arms underwater recovery	10	Occoquan Swimming-PV	NT	DQ

Girls 10 Year Olds 100 Yard IM

Name	Age	Team	Seed Time	Finals Time
1 Ellis, Carson K	10	Occoquan Swimming-PV	1:31.49	1:33.87
2 Cerdá, Asiri C	10	Occoquan Swimming-PV	1:42.86	1:37.62
3 Rucker, Piper J	10	Occoquan Swimming-PV	1:44.65	1:39.30
4 Barrow, Audrey J	10	Occoquan Swimming-PV	2:03.56	1:46.81
5 Hayes, Mabel L	10	Occoquan Swimming-PV	1:49.48	1:56.94
6 McKinnon, June M	10	Occoquan Swimming-PV	NT	2:00.01
7 Maldonado, Eliana B	10	Occoquan Swimming-PV	1:59.80	2:04.74

Girls 11 Year Olds 50 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Collins, Jordyn R	11	Occoquan Swimming-PV	30.50	30.24
2 Alger, Samantha R	11	Occoquan Swimming-PV	31.92	32.60
3 Granby, Cailyn G	11	Occoquan Swimming-PV	32.12	33.44
4 Han, Emma N	11	Occoquan Swimming-PV	35.73	34.01
5 Griffin, Avy M	11	Occoquan Swimming-PV	32.58	34.04
6 Kane, Julia G	11	Occoquan Swimming-PV	34.83	34.37
7 Srayi, Reem	11	Occoquan Swimming-PV	35.75	36.94
8 Zimmerman, Grace E	11	Occoquan Swimming-PV	38.14	38.37
9 Lopez-Castro, Millie V	11	Occoquan Swimming-PV	42.16	42.02

Girls 11 Year Olds 50 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Collins, Jordyn R	11	Occoquan Swimming-PV	38.47	36.45
2 Griffin, Avy M	11	Occoquan Swimming-PV	38.15	37.13
3 Kane, Julia G	11	Occoquan Swimming-PV	39.03	39.85
4 Granby, Cailyn G	11	Occoquan Swimming-PV	40.74	39.96

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(Girls 11 Year Olds 50 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time
5 Alger, Samantha R	11	Occoquan Swimming-PV	38.38	40.08
6 Han, Emma N	11	Occoquan Swimming-PV	40.47	40.53
7 Srayi, Reem	11	Occoquan Swimming-PV	42.44	42.74
8 Zimmerman, Grace E	11	Occoquan Swimming-PV	43.27	45.83
9 Lopez-Castro, Millie V	11	Occoquan Swimming-PV	49.33	47.58

Girls 11 Year Olds 50 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Collins, Jordyn R	11	Occoquan Swimming-PV	40.69	40.37
2 Alger, Samantha R	11	Occoquan Swimming-PV	40.57	41.31
3 Srayi, Reem	11	Occoquan Swimming-PV	42.45	45.14
4 Granby, Cailyn G	11	Occoquan Swimming-PV	44.37	45.32
5 Kane, Julia G	11	Occoquan Swimming-PV	45.68	46.68
6 Han, Emma N	11	Occoquan Swimming-PV	47.72	47.39
7 Zimmerman, Grace E	11	Occoquan Swimming-PV	52.98	49.87
8 Griffin, Avy M	11	Occoquan Swimming-PV	47.02	50.34
9 Lopez-Castro, Millie V	11	Occoquan Swimming-PV	58.81	53.44

Girls 11 Year Olds 50 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Collins, Jordyn R	11	Occoquan Swimming-PV	35.00	34.29
2 Alger, Samantha R	11	Occoquan Swimming-PV	35.89	37.32
3 Kane, Julia G	11	Occoquan Swimming-PV	39.75	40.25
4 Granby, Cailyn G	11	Occoquan Swimming-PV	43.70	41.18
5 Griffin, Avy M	11	Occoquan Swimming-PV	40.61	43.19
6 Han, Emma N	11	Occoquan Swimming-PV	46.85	43.73
7 Srayi, Reem	11	Occoquan Swimming-PV	50.89	49.52
8 Zimmerman, Grace E	11	Occoquan Swimming-PV	49.54	49.95
9 Lopez-Castro, Millie V	11	Occoquan Swimming-PV	57.99	53.86

Girls 11 Year Olds 100 Yard IM

Name	Age	Team	Seed Time	Finals Time
1 Collins, Jordyn R	11	Occoquan Swimming-PV	1:19.19	1:19.97
2 Alger, Samantha R	11	Occoquan Swimming-PV	1:21.62	1:21.67
3 Kane, Julia G	11	Occoquan Swimming-PV	1:26.65	1:29.54
4 Granby, Cailyn G	11	Occoquan Swimming-PV	1:25.67	1:30.95
5 Han, Emma N	11	Occoquan Swimming-PV	1:32.72	1:31.51
6 Srayi, Reem	11	Occoquan Swimming-PV	1:31.27	1:32.51
7 Griffin, Avy M	11	Occoquan Swimming-PV	1:26.23	1:34.57
8 Zimmerman, Grace E	11	Occoquan Swimming-PV	1:43.07	1:38.65
9 Lopez-Castro, Millie V	11	Occoquan Swimming-PV	2:10.03	1:52.28

Girls 12 Year Olds 50 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Stevens, Anna M	12	Occoquan Swimming-PV	35.13	33.83
2 Brier, Abigail M	12	Occoquan Swimming-PV	34.51	34.19
3 Gaida, Molly R	12	Occoquan Swimming-PV	34.91	35.54
4 Beall, Ada J	12	Occoquan Swimming-PV	45.86	43.92

Girls 12 Year Olds 50 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Stevens, Anna M	12	Occoquan Swimming-PV	38.31	37.62
2 Brier, Abigail M	12	Occoquan Swimming-PV	41.67	41.22

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Name	Age	Team	Seed Time	Finals Time
3 Gaida, Molly R	12	Occoquan Swimming-PV	43.26	41.32
4 Beall, Ada J	12	Occoquan Swimming-PV	45.50	46.28

Girls 12 Year Olds 50 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Brier, Abigail M	12	Occoquan Swimming-PV	48.35	47.46
2 Stevens, Anna M	12	Occoquan Swimming-PV	47.43	48.10
3 Gaida, Molly R	12	Occoquan Swimming-PV	47.42	48.49
4 Beall, Ada J	12	Occoquan Swimming-PV	56.33	54.72

Girls 12 Year Olds 50 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Stevens, Anna M	12	Occoquan Swimming-PV	36.27	36.29
2 Brier, Abigail M	12	Occoquan Swimming-PV	38.52	37.44
3 Gaida, Molly R	12	Occoquan Swimming-PV	39.67	40.14
4 Beall, Ada J	12	Occoquan Swimming-PV	57.06	50.97

Girls 12 Year Olds 100 Yard IM

Name	Age	Team	Seed Time	Finals Time
1 Stevens, Anna M	12	Occoquan Swimming-PV	1:21.78	1:26.47
2 Brier, Abigail M	12	Occoquan Swimming-PV	1:28.20	1:27.83
3 Gaida, Molly R	12	Occoquan Swimming-PV	1:30.75	1:30.19
4 Beall, Ada J	12	Occoquan Swimming-PV	1:59.37	1:50.21

Boys 8 & Under 25 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Shaffer, Gavin H	7	Occoquan Swimming-PV	17.63	16.36
2 Ellis, Decker B	7	Occoquan Swimming-PV	17.88	17.73
3 Lientz, Walter H	8	Occoquan Swimming-PV	17.98	18.12
4 Corrigan, Jet E	7	Occoquan Swimming-PV	18.14	18.47
5 Gray, Anderson R	8	Occoquan Swimming-PV	20.36	19.57
6 Pilkington, Noah R	8	Occoquan Swimming-PV	20.19	20.37
7 Thorpe, Elijah N	8	Occoquan Swimming-PV	22.12	22.17
8 McDonald, Mack W	8	Occoquan Swimming-PV	NT	25.66
9 Umali, Lucas L	8	Occoquan Swimming-PV	30.71	27.39
10 Werlinger, Matthew T	6	Occoquan Swimming-PV	30.44	30.93

Boys 8 & Under 50 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Shaffer, Gavin H	7	Occoquan Swimming-PV	36.22	36.58
2 Corrigan, Jet E	7	Occoquan Swimming-PV	41.95	40.07
3 Gray, Anderson R	8	Occoquan Swimming-PV	42.18	40.39
4 Lientz, Walter H	8	Occoquan Swimming-PV	37.72	40.97
5 Ellis, Decker B	7	Occoquan Swimming-PV	39.80	41.41
6 Pilkington, Noah R	8	Occoquan Swimming-PV	47.01	48.03
7 Thorpe, Elijah N	8	Occoquan Swimming-PV	50.40	50.19
8 McDonald, Mack W	8	Occoquan Swimming-PV	NT	1:02.68
9 Umali, Lucas L	8	Occoquan Swimming-PV	1:10.22	1:05.23
10 Werlinger, Matthew T	6	Occoquan Swimming-PV	1:11.29	1:08.07

Boys 8 & Under 25 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Lientz, Walter H	8	Occoquan Swimming-PV	18.75	20.34

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(Boys 8 & Under 25 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time
2 Shaffer, Gavin H	7	Occoquan Swimming-PV	21.14	21.07
3 Gray, Anderson R	8	Occoquan Swimming-PV	22.41	22.05
4 Pilkington, Noah R	8	Occoquan Swimming-PV	22.46	23.60
5 Corrigan, Jet E	7	Occoquan Swimming-PV	21.36	24.05
6 Ellis, Decker B	7	Occoquan Swimming-PV	25.83	24.86
7 Thorpe, Elijah N	8	Occoquan Swimming-PV	27.64	27.70
8 McDonald, Mack W	8	Occoquan Swimming-PV	NT	29.60
9 Werlinger, Matthew T	6	Occoquan Swimming-PV	31.89	30.74
10 Umali, Lucas L	8	Occoquan Swimming-PV	32.72	34.26

Boys 8 & Under 25 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Lientz, Walter H	8	Occoquan Swimming-PV	22.13	23.44
2 Gray, Anderson R	8	Occoquan Swimming-PV	27.10	26.42
3 Shaffer, Gavin H	7	Occoquan Swimming-PV	25.21	26.81
4 Ellis, Decker B	7	Occoquan Swimming-PV	25.74	27.09
5 Pilkington, Noah R	8	Occoquan Swimming-PV	27.42	30.27
6 Werlinger, Matthew T	6	Occoquan Swimming-PV	42.20	35.26
--- Umali, Lucas L	8	Occoquan Swimming-PV	42.11	DQ
Arms past hipline				
--- McDonald, Mack W	8	Occoquan Swimming-PV	NT	DQ
Arms past hipline				
--- Corrigan, Jet E	7	Occoquan Swimming-PV	29.81	DQ
Scissors kick				
--- Thorpe, Elijah N	8	Occoquan Swimming-PV	NT	DQ
Alternating Kick				

Boys 8 & Under 25 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Lientz, Walter H	8	Occoquan Swimming-PV	19.09	18.98
2 Shaffer, Gavin H	7	Occoquan Swimming-PV	20.92	20.35
3 Ellis, Decker B	7	Occoquan Swimming-PV	21.97	21.85
4 Corrigan, Jet E	7	Occoquan Swimming-PV	24.05	24.84
5 Gray, Anderson R	8	Occoquan Swimming-PV	26.90	25.96
6 Pilkington, Noah R	8	Occoquan Swimming-PV	25.28	27.26
7 Umali, Lucas L	8	Occoquan Swimming-PV	41.30	36.67
--- Werlinger, Matthew T	6	Occoquan Swimming-PV	NT	DQ
Non-simultaneous arms				
--- McDonald, Mack W	8	Occoquan Swimming-PV	NT	DQ
One hand touch				
--- Thorpe, Elijah N	8	Occoquan Swimming-PV	NT	DQ
Non-simultaneous arms				

Boys 9 Year Olds 50 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Reyes, Leo M	9	Occoquan Swimming-PV	35.58	34.74
2 Corrigan, Jasper R	9	Occoquan Swimming-PV	35.36	35.04
3 Labman, Jonas C	9	Occoquan Swimming-PV	36.57	37.08
4 Werlinger, Andrew A	9	Occoquan Swimming-PV	37.50	38.24
5 Vitale, Luke M	9	Occoquan Swimming-PV	40.01	38.27
6 Miller, Ethan S	9	Occoquan Swimming-PV	37.58	38.33
7 Bloxham, Gideon B	9	Occoquan Swimming-PV	38.53	38.57

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(Boys 9 Year Olds 50 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
8 Ha, Matthew D	9	Occoquan Swimming-PV	37.85	38.71
9 Morton, Brandon G	9	Occoquan Swimming-PV	40.58	40.60
10 Ha, Brian S	9	Occoquan Swimming-PV	41.38	42.13
11 Thompson, Simon J	9	Occoquan Swimming-PV	43.68	45.69
12 Berliner, Luke D	9	Occoquan Swimming-PV	43.93	45.96
13 Regan, Ryan O	9	Occoquan Swimming-PV	46.98	51.69
14 Ha, Brandon S	9	Occoquan Swimming-PV	51.64	52.09
15 Grossman, Morgan	9	Occoquan Swimming-PV	1:01.64	1:00.42

Boys 9 Year Olds 50 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Vitale, Luke M	9	Occoquan Swimming-PV	40.86	39.16
2 Reyes, Leo M	9	Occoquan Swimming-PV	42.78	40.28
3 Corrigan, Jasper R	9	Occoquan Swimming-PV	41.46	41.42
4 Werlinger, Andrew A	9	Occoquan Swimming-PV	46.23	43.28
5 Bloxham, Gideon B	9	Occoquan Swimming-PV	44.71	45.18
6 Labman, Jonas C	9	Occoquan Swimming-PV	44.69	45.28
7 Miller, Ethan S	9	Occoquan Swimming-PV	44.06	45.39
8 Thompson, Simon J	9	Occoquan Swimming-PV	47.99	45.57
9 Ha, Matthew D	9	Occoquan Swimming-PV	45.31	48.09
10 Ha, Brian S	9	Occoquan Swimming-PV	45.64	48.40
11 Morton, Brandon G	9	Occoquan Swimming-PV	49.76	49.71
12 Dean, Ryder R	9	Occoquan Swimming-PV	NT	50.06
13 Ha, Brandon S	9	Occoquan Swimming-PV	52.46	51.88
14 Berliner, Luke D	9	Occoquan Swimming-PV	53.48	52.84
15 Regan, Ryan O	9	Occoquan Swimming-PV	53.49	53.86
16 Grossman, Morgan	9	Occoquan Swimming-PV	1:04.36	1:02.51
--- Tippins, Jacob H	9	Occoquan Swimming-PV	50.94	DQ

Multiple strokes

Boys 9 Year Olds 50 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Miller, Ethan S	9	Occoquan Swimming-PV	47.86	45.38
2 Labman, Jonas C	9	Occoquan Swimming-PV	47.06	45.50
3 Reyes, Leo M	9	Occoquan Swimming-PV	47.10	47.15
4 Ha, Matthew D	9	Occoquan Swimming-PV	49.66	51.28
5 Corrigan, Jasper R	9	Occoquan Swimming-PV	52.52	51.87
6 Bloxham, Gideon B	9	Occoquan Swimming-PV	50.37	52.73
7 Vitale, Luke M	9	Occoquan Swimming-PV	56.01	57.52
8 Regan, Ryan O	9	Occoquan Swimming-PV	NT	59.67
9 Werlinger, Andrew A	9	Occoquan Swimming-PV	1:00.22	1:03.91
10 Morton, Brandon G	9	Occoquan Swimming-PV	1:06.23	1:06.70
11 Thompson, Simon J	9	Occoquan Swimming-PV	1:07.18	1:08.09
--- Dean, Ryder R	9	Occoquan Swimming-PV	NT	DQ
One hand touch				
--- Ha, Brandon S	9	Occoquan Swimming-PV	1:16.41	DQ
Alternating Kick				
--- Ha, Brian S	9	Occoquan Swimming-PV	1:00.08	DQ
Scissors kick				

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Results - Pro Bowl Pentathlon

Boys 9 Year Olds 50 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Bloxham, Gideon B	9	Occoquan Swimming-PV	44.84	40.21
2 Corrigan, Jasper R	9	Occoquan Swimming-PV	46.30	40.99
3 Reyes, Leo M	9	Occoquan Swimming-PV	46.53	41.12
4 Vitale, Luke M	9	Occoquan Swimming-PV	42.92	41.64
5 Werlinger, Andrew A	9	Occoquan Swimming-PV	46.68	45.07
6 Labman, Jonas C	9	Occoquan Swimming-PV	49.25	46.88
7 Miller, Ethan S	9	Occoquan Swimming-PV	50.81	47.37
8 Ha, Matthew D	9	Occoquan Swimming-PV	50.27	50.09
9 Morton, Brandon G	9	Occoquan Swimming-PV	55.12	53.17
10 Berliner, Luke D	9	Occoquan Swimming-PV	58.35	1:01.00
11 Ha, Brian S	9	Occoquan Swimming-PV	1:03.91	1:02.64
12 Ha, Brandon S	9	Occoquan Swimming-PV	1:02.23	1:05.57
13 Thompson, Simon J	9	Occoquan Swimming-PV	NT	1:06.37
14 Grossman, Morgan	9	Occoquan Swimming-PV	1:19.09	1:15.41
--- Dean, Ryder R	9	Occoquan Swimming-PV	NT	DQ
No touch				

Boys 9 Year Olds 100 Yard IM

Name	Age	Team	Seed Time	Finals Time
1 Corrigan, Jasper R	9	Occoquan Swimming-PV	1:37.34	1:32.61
2 Bloxham, Gideon B	9	Occoquan Swimming-PV	1:33.17	1:33.69
3 Reyes, Leo M	9	Occoquan Swimming-PV	1:33.23	1:35.22
4 Labman, Jonas C	9	Occoquan Swimming-PV	1:42.34	1:36.77
5 Miller, Ethan S	9	Occoquan Swimming-PV	1:42.26	1:40.72
6 Ha, Matthew D	9	Occoquan Swimming-PV	1:43.63	1:42.02
7 Vitale, Luke M	9	Occoquan Swimming-PV	NT	1:42.43
8 Morton, Brandon G	9	Occoquan Swimming-PV	1:49.79	1:51.29
9 Berliner, Luke D	9	Occoquan Swimming-PV	1:56.74	2:00.72
10 Thompson, Simon J	9	Occoquan Swimming-PV	1:56.20	2:03.25
11 Regan, Ryan O	9	Occoquan Swimming-PV	NT	2:06.47
--- Werlinger, Andrew A	9	Occoquan Swimming-PV	1:40.58	DQ
Scissors kick - breast				
--- Ha, Brandon S	9	Occoquan Swimming-PV	NT	DQ
Butterfly kick - breast				
--- Ha, Brian S	9	Occoquan Swimming-PV	1:53.83	DQ
Shoulders past vertical toward breast - back				

Boys 10 Year Olds 50 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Thorpe, Caleb C	10	Occoquan Swimming-PV	34.85	35.60
2 Shi, Carrick Q	10	Occoquan Swimming-PV	36.44	37.56
3 MacWhorter, Cameron R	10	Occoquan Swimming-PV	39.82	38.21
4 Thompson, Paul R	10	Occoquan Swimming-PV	38.91	38.24
5 Moore, David R	10	Occoquan Swimming-PV	40.50	40.60
6 Beattie, Victor O	10	Occoquan Swimming-PV	40.35	41.87
7 Richardson, Luke J	10	Occoquan Swimming-PV	41.74	42.37
8 Rodriguez, Thomas A	10	Occoquan Swimming-PV	49.57	45.32
9 Welch, Nigel A	10	Occoquan Swimming-PV	42.17	1:02.68

Boys 10 Year Olds 50 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Thorpe, Caleb C	10	Occoquan Swimming-PV	43.73	43.76

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Results - Pro Bowl Pentathlon

(Boys 10 Year Olds 50 Yard Backstroke)

Name	Age	Team	Seed Time	Finals Time
2 Thompson, Paul R	10	Occoquan Swimming-PV	47.24	44.65
3 Richardson, Luke J	10	Occoquan Swimming-PV	47.89	47.40
4 Beattie, Victor O	10	Occoquan Swimming-PV	48.09	47.58
5 Shi, Carrick Q	10	Occoquan Swimming-PV	44.65	48.18
6 Moore, David R	10	Occoquan Swimming-PV	52.11	49.40
7 MacWhorter, Cameron R	10	Occoquan Swimming-PV	52.92	49.93
8 Rodriguez, Thomas A	10	Occoquan Swimming-PV	55.19	57.68

Boys 10 Year Olds 50 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 MacWhorter, Cameron R	10	Occoquan Swimming-PV	48.39	49.57
2 Thompson, Paul R	10	Occoquan Swimming-PV	51.04	52.03
3 Shi, Carrick Q	10	Occoquan Swimming-PV	53.13	52.33
4 Richardson, Luke J	10	Occoquan Swimming-PV	54.61	55.11
5 Beattie, Victor O	10	Occoquan Swimming-PV	59.82	55.49
6 Moore, David R	10	Occoquan Swimming-PV	59.74	1:00.46
7 Rodriguez, Thomas A	10	Occoquan Swimming-PV	1:10.46	1:07.28
8 Thorpe, Caleb C	10	Occoquan Swimming-PV	57.58	1:09.30

Boys 10 Year Olds 50 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Beattie, Victor O	10	Occoquan Swimming-PV	45.90	43.49
2 MacWhorter, Cameron R	10	Occoquan Swimming-PV	46.90	44.37
3 Richardson, Luke J	10	Occoquan Swimming-PV	48.41	45.16
4 Thompson, Paul R	10	Occoquan Swimming-PV	48.46	50.64
5 Moore, David R	10	Occoquan Swimming-PV	50.89	51.31
6 Thorpe, Caleb C	10	Occoquan Swimming-PV	53.99	59.33
7 Rodriguez, Thomas A	10	Occoquan Swimming-PV	1:07.54	1:07.33
--- Shi, Carrick Q	10	Occoquan Swimming-PV	43.38	DQ
One hand touch				

Boys 10 Year Olds 100 Yard IM

Name	Age	Team	Seed Time	Finals Time
1 MacWhorter, Cameron R	10	Occoquan Swimming-PV	1:42.77	1:38.61
2 Shi, Carrick Q	10	Occoquan Swimming-PV	1:39.79	1:39.73
3 Thompson, Paul R	10	Occoquan Swimming-PV	1:44.90	1:41.70
4 Beattie, Victor O	10	Occoquan Swimming-PV	1:39.97	1:44.15
5 Thorpe, Caleb C	10	Occoquan Swimming-PV	1:48.86	1:44.20
6 Moore, David R	10	Occoquan Swimming-PV	1:52.29	1:47.92
7 Rodriguez, Thomas A	10	Occoquan Swimming-PV	2:10.92	2:04.05
--- Richardson, Luke J	10	Occoquan Swimming-PV	1:43.14	DQ
One hand touch - breast				

Boys 11 Year Olds 50 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Bloxham, Tristan S	11	Occoquan Swimming-PV	31.64	31.91
2 Hook, Ethan T	11	Occoquan Swimming-PV	32.61	32.54
3 Gairy, James W	11	Occoquan Swimming-PV	32.66	33.87
4 Lenuik, Peyton R	11	Occoquan Swimming-PV	33.71	34.19
5 Huntley, Mason C	11	Occoquan Swimming-PV	34.41	35.15
6 Carlson, Gunnar J	11	Occoquan Swimming-PV	34.64	36.19
7 Wu, Alex Q	11	Occoquan Swimming-PV	34.79	37.49
8 Richardson, William M	11	Occoquan Swimming-PV	40.91	41.70

2026 Pro Bowl Challenge - 1/31/2026

Results - Pro Bowl Pentathlon

Boys 11 Year Olds 50 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Hook, Ethan T	11	Occoquan Swimming-PV	35.68	37.43
2 Bloxham, Tristan S	11	Occoquan Swimming-PV	39.58	37.61
3 Lenuik, Peyton R	11	Occoquan Swimming-PV	40.04	38.94
4 Carlson, Gunnar J	11	Occoquan Swimming-PV	41.59	43.24
5 Gairy, James W	11	Occoquan Swimming-PV	43.83	43.90
6 Richardson, William M	11	Occoquan Swimming-PV	45.15	45.95
7 Wu, Alex Q	11	Occoquan Swimming-PV	46.39	48.73
--- Huntley, Mason C	11	Occoquan Swimming-PV	41.63	DQ
Multiple strokes				

Boys 11 Year Olds 50 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Bloxham, Tristan S	11	Occoquan Swimming-PV	44.23	44.14
2 Hook, Ethan T	11	Occoquan Swimming-PV	42.10	44.16
3 Wu, Alex Q	11	Occoquan Swimming-PV	46.45	47.50
4 Huntley, Mason C	11	Occoquan Swimming-PV	48.82	48.04
5 Lenuik, Peyton R	11	Occoquan Swimming-PV	46.30	48.08
6 Richardson, William M	11	Occoquan Swimming-PV	52.12	50.49
7 Gairy, James W	11	Occoquan Swimming-PV	50.70	50.65
--- Carlson, Gunnar J	11	Occoquan Swimming-PV	53.55	DQ
Scissors kick				

Boys 11 Year Olds 50 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Hook, Ethan T	11	Occoquan Swimming-PV	35.70	36.29
2 Lenuik, Peyton R	11	Occoquan Swimming-PV	35.33	36.91
3 Bloxham, Tristan S	11	Occoquan Swimming-PV	39.93	37.54
4 Gairy, James W	11	Occoquan Swimming-PV	42.86	39.46
5 Carlson, Gunnar J	11	Occoquan Swimming-PV	44.21	42.74
6 Richardson, William M	11	Occoquan Swimming-PV	42.82	43.79
7 Wu, Alex Q	11	Occoquan Swimming-PV	49.12	44.51

Boys 11 Year Olds 100 Yard IM

Name	Age	Team	Seed Time	Finals Time
1 Bloxham, Tristan S	11	Occoquan Swimming-PV	1:28.19	1:23.71
2 Lenuik, Peyton R	11	Occoquan Swimming-PV	1:25.22	1:25.72
3 Hook, Ethan T	11	Occoquan Swimming-PV	1:23.63	1:26.10
4 Gairy, James W	11	Occoquan Swimming-PV	1:29.55	1:31.77
5 Huntley, Mason C	11	Occoquan Swimming-PV	1:32.92	1:33.41
6 Wu, Alex Q	11	Occoquan Swimming-PV	1:37.96	1:35.08
7 Richardson, William M	11	Occoquan Swimming-PV	1:40.91	1:40.55
--- Carlson, Gunnar J	11	Occoquan Swimming-PV	1:45.16	DQ
Scissors kick - breast				

Boys 12 Year Olds 50 Yard Freestyle

Name	Age	Team	Seed Time	Finals Time
1 Toczyłowski, RJ J	12	Occoquan Swimming-PV	28.70	29.08
2 Willis, Ethan T	12	Occoquan Swimming-PV	29.34	29.41
3 Bradley, Liam E	12	Occoquan Swimming-PV	33.57	32.77
4 Bengtson, Gareth I	12	Occoquan Swimming-PV	31.81	33.80
5 Roberts, Mayson N	12	Occoquan Swimming-PV	35.26	35.65
6 Howard, Nicholas R	12	Occoquan Swimming-PV	41.58	36.35

2026 Pro Bowl Challenge - 1/31/2026

Results - Pro Bowl Pentathlon

(Boys 12 Year Olds 50 Yard Freestyle)

Name	Age	Team	Seed Time	Finals Time
7 Roberts, Aaron J	12	Occoquan Swimming-PV	41.70	40.31
8 Wilkins, Caleb M	12	Occoquan Swimming-PV	40.55	41.12
9 Santos, Loukas A	12	Occoquan Swimming-PV	39.97	41.37

Boys 12 Year Olds 50 Yard Backstroke

Name	Age	Team	Seed Time	Finals Time
1 Toczyłowski, RJ J	12	Occoquan Swimming-PV	33.27	33.88
2 Bengtson, Gareth I	12	Occoquan Swimming-PV	35.81	36.08
3 Willis, Ethan T	12	Occoquan Swimming-PV	36.06	36.25
4 Bradley, Liam E	12	Occoquan Swimming-PV	41.30	38.56
5 Roberts, Mayson N	12	Occoquan Swimming-PV	39.14	40.05
6 Roberts, Aaron J	12	Occoquan Swimming-PV	45.25	43.70
7 Howard, Nicholas R	12	Occoquan Swimming-PV	47.70	45.14
8 Wilkins, Caleb M	12	Occoquan Swimming-PV	47.20	46.74
9 Santos, Loukas A	12	Occoquan Swimming-PV	54.50	54.53

Boys 12 Year Olds 50 Yard Breaststroke

Name	Age	Team	Seed Time	Finals Time
1 Willis, Ethan T	12	Occoquan Swimming-PV	36.81	36.71
2 Toczyłowski, RJ J	12	Occoquan Swimming-PV	39.70	39.42
3 Bengtson, Gareth I	12	Occoquan Swimming-PV	40.29	40.79
4 Bradley, Liam E	12	Occoquan Swimming-PV	44.35	43.39
5 Roberts, Mayson N	12	Occoquan Swimming-PV	50.72	48.47
6 Howard, Nicholas R	12	Occoquan Swimming-PV	54.45	51.91
7 Santos, Loukas A	12	Occoquan Swimming-PV	1:04.30	52.33
8 Wilkins, Caleb M	12	Occoquan Swimming-PV	50.86	52.49
--- Roberts, Aaron J	12	Occoquan Swimming-PV	56.19	DQ
Scissors kick				

Boys 12 Year Olds 50 Yard Butterfly

Name	Age	Team	Seed Time	Finals Time
1 Toczyłowski, RJ J	12	Occoquan Swimming-PV	31.10	31.07
2 Willis, Ethan T	12	Occoquan Swimming-PV	38.00	33.49
3 Bengtson, Gareth I	12	Occoquan Swimming-PV	35.53	36.74
4 Bradley, Liam E	12	Occoquan Swimming-PV	42.46	37.88
5 Roberts, Mayson N	12	Occoquan Swimming-PV	39.06	38.46
6 Wilkins, Caleb M	12	Occoquan Swimming-PV	47.80	47.40
7 Roberts, Aaron J	12	Occoquan Swimming-PV	52.18	49.43
8 Howard, Nicholas R	12	Occoquan Swimming-PV	1:01.90	53.78
--- Santos, Loukas A	12	Occoquan Swimming-PV	55.23	DQ
Arms underwater recovery				

Boys 12 Year Olds 100 Yard IM

Name	Age	Team	Seed Time	Finals Time
1 Toczyłowski, RJ J	12	Occoquan Swimming-PV	1:11.90	1:14.81
2 Willis, Ethan T	12	Occoquan Swimming-PV	1:17.95	1:16.23
3 Bengtson, Gareth I	12	Occoquan Swimming-PV	1:17.73	1:21.54
4 Roberts, Mayson N	12	Occoquan Swimming-PV	1:26.57	1:27.03
5 Bradley, Liam E	12	Occoquan Swimming-PV	1:31.56	1:27.37
6 Wilkins, Caleb M	12	Occoquan Swimming-PV	1:43.29	1:41.16
7 Roberts, Aaron J	12	Occoquan Swimming-PV	1:45.32	1:42.08
8 Howard, Nicholas R	12	Occoquan Swimming-PV	NT	1:44.66
9 Santos, Loukas A	12	Occoquan Swimming-PV	1:50.65	1:44.80